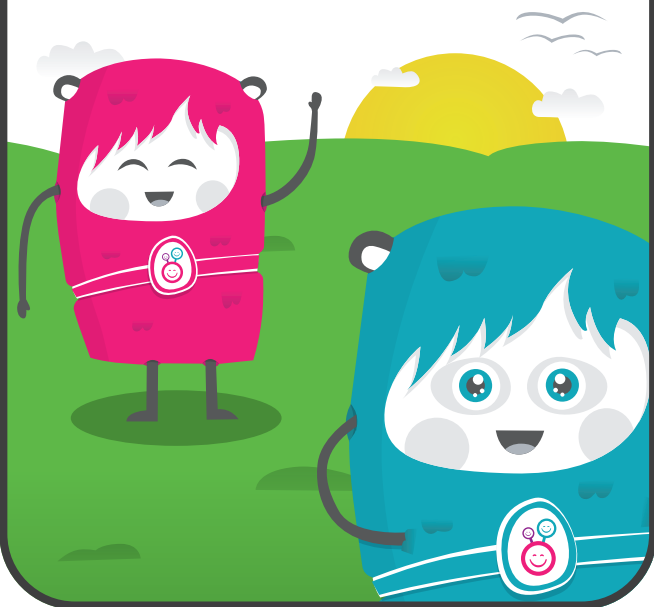


happydots

Occupational Therapy for Children

**Individual & Group Therapy
focusing on the following
areas of skill development:**

- 😊 Sensory Processing abilities
- 😊 Fine Motor (handwriting)
- 😊 Gross Motor
- 😊 Self care
- 😊 Play & Interaction
- 😊 Attention & Concentration



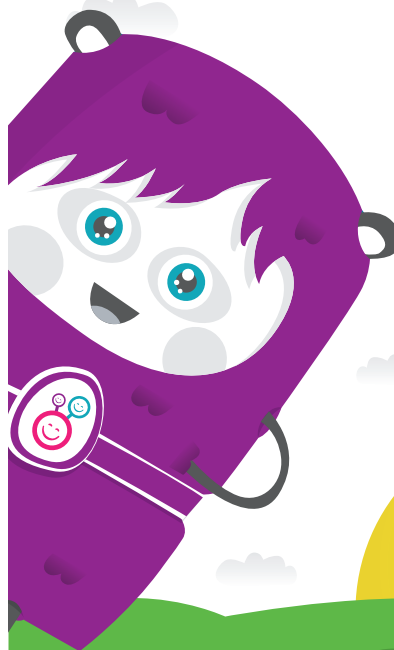
ndis National Disability
Insurance Scheme

All groups are NDIS approved

happydots

Occupational Therapy for Children

**July School
Holiday Program 2022
Medowie**



Contact us to register (02) 4959 8920

www.happydots.com.au





Diggin' Dots

Diggin' Dots is the group for craft and plant lovers. Come personalise a pot for your own plant to take home and care for.

Date: Wednesday, 13 July 2022 from 1pm

Duration: 1 hour

Suitable age range: 5 to 12 years

Areas of skill development:

- ☺ Social skills
- ☺ Following instructions
- ☺ Mindfulness
- ☺ Fine motor skills

Practice social skills and mindfulness while spreading indoor plant joy.



Crafty Kids

Crafty Kids is a social group that uses craft activities to target a child's fine motor skills including manual dexterity and finger strength. By targeting these skills, children can improve their independence in other important areas, including pencil grip, using cutlery and doing buttons.

Dates: Thursday, 7 & 14 July 2022 from 11am

Duration: 1 hour

Suitable age range: 6 to 9 years old

Areas of skill development:

- ☺ Finger strength
- ☺ Bilateral coordination
- ☺ Manual dexterity
- ☺ Social skills

Are you a Crafty Kid? This is the group for you. Why not design your own tote whilst calm music is playing in the background? Or create your very own keychain for your school bag? Come along and explore your crafty side in a supportive, calm and social environment.



Calm Dots

This group aims to introduce children to relaxation strategies in a fun and social way. These strategies can then be used by children and their families throughout their day-to-day lives to assist with achieving a calm, grounded and regulated state.

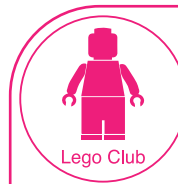
Dates: Friday, 8 & 15 July 2022 from 1pm

Duration: 1 hour

Suitable age range: 7+ years

Areas of skill development:

- ☺ Relaxation
- ☺ Self-Regulation
- ☺ Mindfulness
- ☺ Concentration



Lego Club

Lego Club is one of our most popular groups with a huge focus on social skills & fine motor skills in a fun, play based environment.

Dates: Tuesday, 12 July 2022 from 11am

Duration: 1 hour

Suitable age range: 5 to 12 years old

Areas of skill development:

- ☺ Problem Solving
- ☺ Social Skills such as sharing & turn taking
- ☺ Fine Motor Skills
- ☺ Following Instructions
- ☺ Motor Planning
- ☺ Manual Dexterity

Explore. Create. Build.